APRIL 2003

Fleet & Family Support Center

PRE-REGISTRATION IS REOUIRED for all classes except the ones marked ** Call us TODAY to reserve a seat in any of our fantastic classes!

Thriving in Japan Workshops

Area Orientation Brief/Intercultural Relations

(This class is required for all incoming adults. The class is a 4day class from 7:45-4:00pm each day.)

- ★ Tuesday Friday, 1st 4th
- Tuesday Friday, 8th 11th
- * Tuesday Friday, 15th 18th
- * Tuesday Friday, 22nd 25th
- * Tuesday Friday, 29th May 2nd

A Yen for Shopping

Tuesday, 22nd, 10:00 - 11:00am

Enjoying Japanese Food

Monday, 21st, 9:00am - 1:00pm

Furoshiki Wrapping

* Tuesday, 8th, 11:30am - 12:30pm

Repair a Square of Shoji

& Tuesday, 15th, 9:00 - 10:00am

Your Japanese Home

Monday, 14th & 28th, 8:30am - 12:30pm

Employment Assistance

Employment Overview

- Monday, 7th, 1:00 2:00pm
- Monday, 21st, 1:30 2:30pm

Government Employment Tips

Monday, 14th & 28th, 1:00 - 2:30pm

Getting Started Teaching English

Wednesday, 16th, 10:00am - 11:30pm

English Teachers Networking Group

& Friday, 18th, 10:00 - 11:30am

Effective Resume Writing

Wednesday, 9th, 10:00 - 11:30am

Interview Techniques

Wednesday, 2nd, 11:00am - 12:30pm

Financial Workshops

Basic Investment Strategies

& Tuesday, 29th, 8:00 - 10:00am

Do It Yourself Debt Management

Tuesday, 8th, 11:30am - 12:30pm Million Dollar Sailor

Thursday, 10th, 8:00am - 2:00pm

Life Skills Workshops

English as a Second Language

Monday, 7th, 14th, 28th, 10:00 - 11:30am English as a Second Language-Potluck

Monday, 21st, 11:00am - 1:00pm

Anger Management (3 Part Series)

Wednesday, 2nd, 9th & 16th, 2:30 - 4:00pm Parenting Ages 5 & Under

Tuesday, 8th, 15th, & 22nd, 2:30 - 4:30pm

Parenting Ages 6-12

Wednesday, 9th, 16th, & 23rd, 2:30 - 4:30pm Parenting Ages 13+

& Thursday, 10th, 17th, & 24th, 5:00 - 7:00pm Stress Management

Monday, 14th & 28th, 2:30 - 4:00pm

Pre-Marriage Seminar (1-1/2 days) * Thursday & Friday, 17th & 18th, 9:00am

Understanding Your Sailor's Career

* Thursday, 24th, 8:00am - 4:00pm Yokosuka Widow's Support Group

Wednesday, 30th, 12:00 - 2:30pm

New Parent Support

Baby Budgeting

Wednesday, 9th, 11:30am - 1:00pm

Basic Breastfeeding

Wednesday, 16th, 2:00 - 3:30pm

Boot Camp for New Dads

Tuesday, 1st, 1:00 - 4:00pm

Great Expectations

Wednesday, 23rd, 11:00am - 12:00pm

Labor & You

Monday, 7th, 2:00 - 7:30pm

**Play Morning

Friday, 4th, 11th & 18th, 9:30 - 11:00am

Single Parent Network

Wednesday, 23rd, 12:00 - 1:00pm

What's Up Doc?

Wednesday, 9th, 3:00 - 4:30pm

Transition & Relocation

Accelerated Transition Assistance (ATAP)

(This class is for separating military members with less than 8 years of service. The class is a 2-day class from 7:30 am - 4:00 pm each day.)

Monday & Tuesday, 7th & 8th, 7:30am **PCS Workshop**

Friday, 4th, 8:00am - 12:00pm

Career Options Navy Skills Evaluation Program- (CONSEP)

(This class is for military members with 6 -12 years of service. The class runs from 7:30 a.m. - 4:00 p.m.)

Monday - Thursday, 14th - 17th, 7:30am

Sponsor & Sponsor Coordinator Training

Friday, 18th, 2:00 - 4:30pm

Managing Your Transition (TAMP)

(This class is for separating military members with more than 8 years of service. The class is a 4-day class from 7:30 am - 4:00 pm each day.)

★ Monday – Thursday, 21st - 24th, 7:30am

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**Play Morning

Thursday, 3rd & 17th, 9:30 - 11:00am

English as a Second Language

Tuesday, 22nd, 2:30 - 4:00pm Kid's Craft Class

Tuesday, 29th, 3:00 - 4:00pm

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Kid's Craft Class

Friday, 4th, 10:30am - 12:00pm Play Morning

* Friday, 25th, 9:30 - 11:00am

FREE CHILDCARE **VOUCHERS!!!**

